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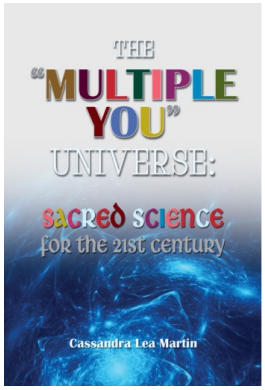
BOOK REVIEW:

Reverend Cassandra Martin. *The Multiple You Universe*
Reviewed by Liz Haynie Clark



I have to say this is a delicious little book. Reverend Martin thrilled me, saddened me, filled me with love and hope, and occasionally, righteous indignation. What more can you want? It's not an adventure novel, but there were several exciting adventures in it. The manner in which she blended her own experiences into the narrative to illustrate important points gave heart to the book. And hope for the rest of us; hope that we too could walk this path with courage and love. Her love for humanity - all of it, even the warty knobby parts - shined through on every page.

The book is about "sacred" science and "hard" science, the historical conflicts and how they could be overcome if the science community could work through their objection to verifying results without physical data. There is no physical data to speak of in sacred science.

Yet it works, and Reverend Martin gives us many examples. If you are not a student of metaphysics, you're in for a wild ride!

Martin takes the reader on a journey through the controversy of quantum physics theory vs sacred science, in order to bring all par- ties to the discovery of the "theory of everything."

A lifelong mystic, she gives a brief review of consciousness and an intro to modern science which is intended to prepare the reader for what comes next: the realm of the mystic and a more universally spiritual understanding of what we call "reality." Reverend Martin is neither a scientist nor a historian, so she builds this excursion using commonly understood terminology and information from many sources. Since the book is well sourced, the reader can continue

their personal research if one chooses. She also peppers the text with suggestions for those who wish to broaden their own spiritual horizons. Further, Martin points out the issues which she believes are holding mankind back from the next great leap in human development.

Like many books about metaphysics and spirituality, this isn't a quick read. It's not meant to be gulped down between TV commercials. It is a book meant to be consumed by thoroughly chewing every bite. I hasten to point out the reader may not agree with every conclusion Martin draws, but the reader will recognize her energy and compassion throughout the read. Do I buy every point she's selling? The jury's still out. Did I enjoy the journey? Absolutely!